

Upcoming Psychodrama Drop In Session



The Magic of Spontaneity
Wednesday, May 22
6:30 p.m. - 8:30 p.m.
The Hidden Temple
221 Pine St., #320, Florence, MA
\$20

We all feel little nudges of inspiration and spontaneity every day. But all too often, we don't follow them. In this session, through the magic of psychodrama, we'll create an atmosphere that fosters and supports our natural daring and creativity.

What's Psychodrama?

Developed by J.L. Moreno, Psychodrama uses techniques of role playing and improvisation drawn from the theater to create transformative experiences. During these open sessions, we create a safe space to connect, bear witness to one another's life journeys, and create the conditions for healing and growth.



About the Facilitator

Kevin Thomas, M.A. is a local coach, mediator, and group facilitator. With over 800 hours of training in psychodrama, Kevin brings its action-oriented techniques into all aspects of his work.

